

Kelvin / Milne Grove Health Guidelines

To help us provide a healthy school environment for all students and staff, we ask that you follow these guidelines when deciding on whether to keep your child home or not.

If your child is not feeling well and you are uncertain about sending him/her to school, it is best to keep your child home and observe for further symptoms.

Please notify the school that the student will be absent and state the nature of the illness. For both Milne and Kelvin Grove absences please call 815-838-0737 ext. 2.

Gym excuses: The district's procedure is; parents can write a note excusing their child from physical education for 2 days. If your child requires additional days, a note from a medical doctor is required.

Colds: Students should remain home if there is an excessive cough, an excessive runny nose, green nasal discharge, a fever or if they are too uncomfortable to function in school.

Sore throat: Students who have a mild sore throat without any other symptoms can come to school.

Stomach ache, Vomiting, Diarrhea: Students who have a stomach ache without any other symptoms can come to school. Students should stay at home if they have had vomiting or diarrhea within the past 24 hours.

Rash: Students should remain at home until a doctor has verified that the rash is not contagious. A lot of childhood illnesses start out as a rash.

Ear infections: Consult a doctor.

Tooth pain: Consult a doctor or dentist.

Scabs and wounds: All scabs and wounds should be covered with a bandage.

Nose bleeds: Parents will be called to pick up their child if a nose bleed lasts longer than 10 minutes.

Fractures, Breaks and Surgeries: Parents should notify the school nurse of any physical injuries. If the student needs to be exempt from PE or a team sport, then a written note from the doctor is needed. A doctor's note is needed to return to PE or a team sport as well.

School injuries: The nurse will assess and administer first aid to all injuries. Parents will be notified of injuries based on the severity. No notification is necessary for minor injuries.

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Chickenpox: Notify the school nurse. Students with chickenpox must not attend school for 5 to 7 days after the last pox erupted and all vessels are crusted over.

Impetigo: A contagious skin infection that causes red sores that can break open, ooze fluid, and develop a yellow-brown crust. Generally appears around the mouth and nose. Students may return to school 48 hours after initiation of antibiotic treatment.

Strep throat: Students may return to school 24 hours after starting an antibiotic if they are fever free.

Conjunctivitis (Pink Eye): Consult a doctor. Students may return to school 24 hours after starting a medication.

Coxsackie virus (Hand, Foot and Mouth disease): Students should stay home if there is a fever or weeping blisters.

Head lice: Notify the nurse. Students must be nit free before returning to school.

Fifth disease: Notify the school nurse and anyone who might be pregnant and came in contact with the student. Students are no longer contagious after the rash appears.